



Friendship Heights

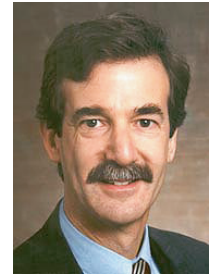


# VILLAGE NEWS

MAY 2011

301-656-2797

VOLUME 25, NO. 12



Meet Maryland State Senator  
Brian Frosh, page 4

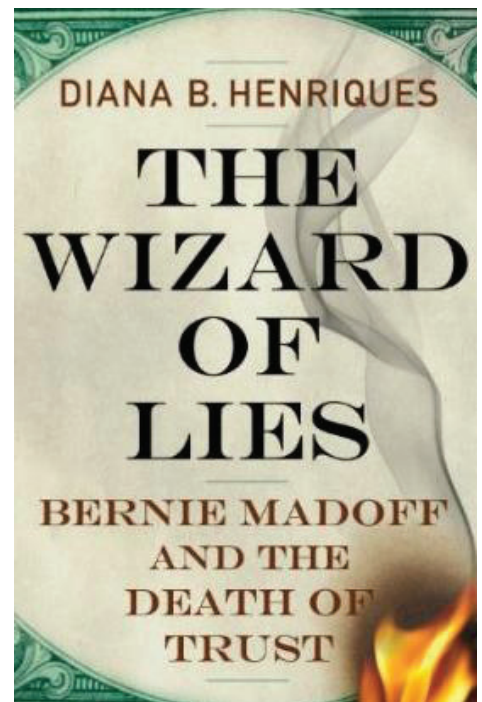
## An afternoon with our Lieutenant Governor



Come to the Village Center on **Friday, May 13, at 2 p.m.**, and meet Anthony G. Brown, Maryland's eighth Lieutenant Governor, elected in 2006 with Governor Martin O'Malley. Both were reelected in 2010.

Lt. Gov Brown is a Harvard-educated attorney who previously served two terms in the Maryland House of Delegates, representing Prince George's County. He was Majority Whip from 2004 to 2007. A 25-year veteran of the United States Army, he is currently a Colonel in the U.S. Army Reserve. He is the highest-ranking elected official in the nation to have served a tour of

*continued on page 4*



## Oh, say can you join us for a visit to Fort McHenry and lunch in Fells Point?

Visit Baltimore's 18<sup>th</sup> Century Fort McHenry National Monument and Historic Shrine, birthplace of our national anthem, and enjoy lunch in one of Baltimore's top restaurants, plus a boat ride between the two places, on **Tuesday, May 24.**



Our afternoon will begin at The Black Olive, in charming Fells Point, listed as the city's best seafood restaurant as well as its best Greek restaurant. Our menu will include (please choose at sign-up): appetizer- Greek salad, roasted tomato soup, or traditional Greek spreads (Hummus, taramasalata, melizanasalata and tza-tziki); entrée- Kleftico (lamb

*Continued on page 15*

## The inside story of Bernie Madoff

New York Times reporter Diana B. Henriques's exclusive jailhouse interview with Bernard Madoff was front page news in February. She will discuss her book, *The Wizard of Lies: Bernie Madoff and the Death of Trust*, at the Village Center on **Monday, May 16, at 7:30 p.m.**

New York financier Madoff, one of the country's most trusted and respected traders, swindled his friends, relatives, and other investors out of \$65 billion through a fraud that lasted for decades. Ms. Henriques has led the Times's

*Continued on page 2*

**Trip to Amish Country, page 3**

## A rockin' time for your tot

Bring your toddlers for a morning of music on **Thursday, June 9**, at the Village Center.

Marsha Goodman-Wood of Marsha's Musikgarten will perform a program, featuring many of her original tunes and classics, designed to get your child up and groovin.' The fun begins at **11 a.m.** and lasts about 45 minutes.

Toddlers and their friends and siblings are welcome, but must be accompanied by a parent or caregiver. The event is free. For more information, call the Village Center at 301-656-2797.

## Have tea with John Philip Sousa!

Dwane Starlin will perform a one-man show entitled *John Philip Sousa: The Man and his Music*, at the Village Center on **Wednesday, May 18, at 2 p.m.**

Directed by Ed Starr, the play follows the life and career of the composer of such famous patriotic American marches as *The Stars and Stripes Forever*, *The Washington Post March*, *Semper Fidelis* and more than 130 others. Mr. Starlin last appeared at the Center in 2008 as Mark Twain. His performance as "The March King" covers Sousa's childhood in Washington, DC, his years conducting the Marine Corps Band and his international success as the leader of his own band. 2011 is the 100<sup>th</sup> anniversary of his 49,000-mile world tour.

Afterward, please stay for tea. Reserve a space by calling 301-656-2797.



## Friendship Heights VILLAGE NEWS

[www.friendshipheightsmd.gov](http://www.friendshipheightsmd.gov)

Email: [info@friendshipheightsmd.gov](mailto:info@friendshipheightsmd.gov)

The Village News is a publication of the Village Council, the elected governing body of the Special Tax District of the Village of Friendship Heights, 4433 South Park Avenue, Chevy Chase, MD 20815, 301-656-2797. The newsletter is produced through the cooperative efforts of volunteers, Council members, and Village staff.

### ADVERTISING

The deadline for reserving space for the June issue is May 5. For suggestions about news items or information on advertising rates, call 301-656-2797. Acceptance of advertising does not represent endorsement by the Village of Friendship Heights for any product or service, nor is the Village of Friendship Heights responsible for representations made by advertisers.

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### *Madoff, continued from page 1*

coverage of the scandal since the day the story broke. Her book on Madoff and his Ponzi scheme, draws on unprecedented access and more than one hundred interviews with people at all levels and on all sides of the crime, including Madoff's first interviews for publication since his arrest.

Diana B. Henriques is a senior financial writer for The New York Times. A Polk Award winner and Pulitzer Prize finalist, she has won several awards for her coverage of the Madoff scandal and was part of the team recognized as a Pulitzer finalist for its writing of the financial crisis of 2008.

Copies of *The Wizard of Lies*, provided by Politics and Prose, will be available for purchase. Sign up by calling 301-656-2797.

# ON the GO...

## An Authentic View of the Amish Country

Get a glimpse of a fascinating way of life when we travel to rural Pennsylvania for a day among the Amish in Lancaster County on **Thursday, June 16.**

Through a tour featuring sites not open to the public, we'll see the Amish culture in a unique and unforgettable way. Our guide has spent years cultivating relationships with the Amish. As a result, we are able to visit and ask questions of these very private people.

We'll tour a working Old Order Amish farm where we'll see and learn how the plain people still plow their fields with Belgian workhorses and live without electricity. We'll also have the chance to visit with a harness

maker and a quiltmaker and learn about their crafts.

This tour also gives us the unique opportunity to enjoy an authentic Pennsylvania Dutch luncheon in an Amish home.

After our tours, we'll stop by an Amish market where we can shop for a variety of Pennsylvania Dutch delicacies.

We'll depart from the Village Center at 8:30 a.m. and should return by 7 p.m.

The cost of the trip, which includes round-trip transportation, lunch, tours, guide services and all taxes and gratuities is \$104. The price of the trip increases to \$125 after May 15. Children 9 and older are welcome,







but must be accompanied by a well-behaved adult. The cost for children is \$52. After May 15, the cost per child increases to \$75.

Residents and one guest may sign up immediately; nonresidents may sign up beginning May 7. There are 34 spaces available.

This trip requires a moderate amount of walking on some uneven surfaces.

Out of respect for the Amish, no photography is permitted.





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## Anything Goes at Toby's

If you can't get to Broadway this summer to see *Anything Goes*, join us for lunch and a matinee of this terrific Cole Porter musical at Toby's Dinner Theater on **Wednesday, June 29**.

A series of comical mistaken identities ensues as the passengers and crew on an ocean liner sing and dance to the wonderful Cole Porter music all the way across the Atlantic. Terrific Cole Porter songs include *It's De-Lovely*, *Friendship*, *I Get A Kick Out Of You*, *Blow Gabriel Blow*, and *You're the Top*. The book was a collaborative effort by Guy Bolton and P.G. Wodehouse.

Before the performance, we'll enjoy a luncheon buffet that includes steamship round, roast turkey, baked Virginia ham, steamed shrimp, stuffed chicken breast, pasta, vegetables, salad bar and a selection of delicious desserts.

We will leave the Center at 9:45 a.m. and return around 3:30 p.m. The cost of the trip, which includes lunch, ticket, transportation, and all gratuities is \$67. Residents and one guest may sign up immediately; nonresidents may sign up May 7. There are 24 spaces available.

### Lieutenant Governor, continued from page 1

duty in Iraq—in 2004. In July 2009, Brown was elected vice-chair of the National Lieutenant Governors Association. During the 2011 Legislative session the Lt. Governor led the administration's efforts to implement the Affordable Care Act in Maryland and to enact a law that will protect Maryland children from intentional child neglect.

While in office, Lt. Gov. Brown has focused his efforts on health care, economic development, higher education, domestic violence and veterans' issues.

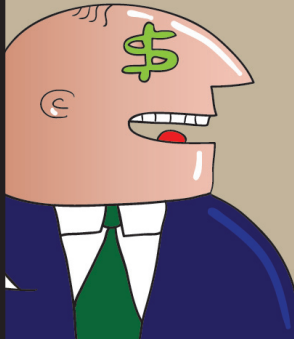
The Lieutenant Governor will give remarks and then take questions from the audience. Please call 301-656-2797 to reserve a seat.

## Meet State Senator Frosh


Maryland State Senator Brian Frosh will speak at the Village Center on **Thursday, May 19, at 7:30 p.m.**

Senator Frosh represents District 16, including parts of Chevy Chase, Bethesda and Potomac and is currently the chair of the Judicial Proceedings Committee. Senator Frosh will discuss legislation passed in the General Assembly session that ended in April as well as the state budget and any other topics of interest. In the wake of the many power outages during 2010, the General Assembly enacted legislation that Senator Frosh cosponsored that would require the Public Service Commission (PSC) to set service quality and reliability standards for electric companies.

Please call 301-656-2797 to reserve a seat.




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## Two new voices in fiction receiving rave reviews

### Popular novelist Sarah Pekkanen at the Center

Author Sarah Pekkanen will discuss her new book, *Skipping A Beat*, at the Village Center on **Thursday, May 12, at 7:30 p.m.**

*Skipping A Beat*, the moving story of a marriage, has received rave reviews from all the critics - from the Washington Post to People Magazine to Oprah Winfrey.

Ms. Pekkanen writes a monthly column called "Domestic Disturbances," for Bethesda Magazine and has been published in People, The Washington Post, USA Today, The New Republic, The Baltimore Sun, Reader's Digest, and Washingtonian and heard on NPR's "All Things Considered." She is a former feature writer for the Baltimore Sun, covered Capitol Hill for Gannett New Service/USAToday, and, has been an on-air correspondent for e! Entertainment Network. She was last at the Center in March 2010 with her first novel, *The Opposite Of Me*.

Copies of both books, provided by Politics and Prose, will be available for purchase. Sign up by calling 301-656-2797.

### Creator of 'Major Pettigrew' to speak at the Center

Helen Simonson, author of the bestseller, *Major Pettigrew's Last Stand*, will speak at the Village Center on **Thursday, June 2, at 7:30 p.m.**

This debut novel tells the story of a widowed and very proper British major (retired) who tries hard to cling to traditional values such as honor, duty, dignity and decorum and becomes involved in an odd-couple romance as well as several oddball situations. And it all takes place in a charming village in the English countryside. *Major Pettigrew* was on the New York Times Bestseller list and included in a Times "Top Books of 2010" list.

Ms. Simonson is a graduate of the London School of Economics and a former travel advertising executive. Born and raised in England, she moved to America twenty years ago. As a stay-at-home mother with two young children, missing her busy advertising job, she signed up for a writing course at New York's 92nd Street Y and discovered her talent.

Copies of the book, provided by Politics and Prose, will be available for purchase. Sign up by calling 301-656-2797.

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# PLAYING on the BIG SCREEN

All movies begin at 7 p.m.

## A Note from the Program Directors

As a courtesy to our speakers, authors and performers...

• Turn off cell phones • Do not take food or drink into the auditorium • Arrive on time for all events • Unless it is an emergency, please stay until the conclusion of the program. It is distracting to others in the audience and insulting to the presenters when people walk out. Plenty of time to catch the shuttle bus will always be allowed.

**Thursday, May 5, 7 p.m. — Movie — Mao's Last Dance** — Based on the best-selling autobiography, this film tells the true story of Li Cunxin and his extraordinary journey from a poor upbringing in rural China to international stardom. Rated PG. Running Time: 127 minutes.

**Thursday, May 12, 7:30 p.m. — Sarah Pekkanen Book signing— see page 5 for details.**

**Thursday, May 19, 7:30 p.m. — Meeting with State Senator Brian Frosh— see page 4 for details.**

**Thursday, May 26, 7 p.m. — Movie — Black Swan** — Natalie Portman earned a Best Actress Academy Award for her portrayal of a ballet dancer completely consumed by her performance in the ballet. *Swan Lake* requires a dancer who can play both the White Swan with innocence and grace, and the Black Swan, who represents guile and sensuality. Nina fits the White

Swan role perfectly but Lily is the personification of the Black Swan. As the two young dancers expand their rivalry into a twisted friendship, Nina begins to get more in touch with her dark side with a recklessness that threatens to destroy her. Rated R. Running Time: 109 minutes.

### Paid Advertisement



This month we celebrate Mother's Day. A Mother's love for her children knows no limit, and their life surrounds around them. In honor of this I will talk about Child's First

Dental Visit, a common question I get from mothers everywhere I go. The ideal time to take a child to the dentist is 6 month after the first tooth comes in. The dentist will examine the development of the child's mouth and catch dental problems early. Make the appointment earlier in the day when the child is alert and refreshed. If your child is uncomfortable you should reschedule the appointment. Bring the child back another time until the child gains trust in the dentist. You can prepare the child by reading books and playing dentist trying to make your child understand what will happen. For children younger than 3 the mother needs to sit in the dental chair and hold the child during the exam. A first visit often lasts 15 to 30 minutes. Depending on child's age the dentist will do: 1)A thorough examination of the teeth, jaw, bite, gums, oral tissues and monitor for growth and development. He will look after early childhood tooth decay, teething irritations, gum disease and prolonged thumb or pacifier sucking. 2) Do a gentle cleaning 3)Take X-rays 4)Apply fluoride 5) Discuss mouth and teeth home care. 6) Give nutritional counseling. A child must go to the dentist at least every 6 months. Thank you Mothers for all your love.

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## Dolls and quilts on exhibit in Friendship Gallery

Cloth & Chocolate, a Montgomery County group of quilters, and the G Street Doll Club will exhibit in the Friendship Gallery during the month of May.

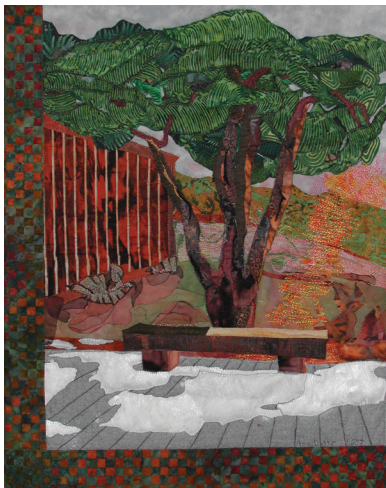
The work of the G Street Doll Artists is nationally known and always a hit at the Village Center. These dolls are very sophisticated works of art and all are delightful.

Cloth & Chocolate (the name inspired by the two passions of the nine-member group) includes award-winning quilt artists and teachers from the region. This year is the tenth anniversary for the group. To celebrate, each artist will exhibit an early work as well as new pieces.

There will also be a series of quilts by Judy Lundberg representing the planets.

The show runs from May 3 to 31. All are invited to a reception to meet the quilters on **Sunday, May 15, from 11:30 a.m. to 1:30 p.m.**

Exhibit hours are Monday through Thursday, 9 a.m. to 9 p.m., Friday, 9 a.m. to 5 p.m. and Saturday and Sunday, 9 a.m. to 2 p.m. Art in the auditorium is occasionally not



Quilt by Anne



## Artists – start your painting!

Applications are available on the “art table” in the Village Center lobby for the “Three Cheers for the Red, White and Blue!” art show in July. This popular multimedia exhibit is held each year in conjunction with the annual Fourth of July celebration and is open to all artists in the area. Suggested themes include family gatherings, parades, fireworks, picnics, heroes, and speeches. Prizes will be awarded to the top winners.

available for viewing because of certain activities in that room. Please check with the front desk receptionist when you arrive. Please note that all sales of art are final.

## Weilenmann conducts his final concert at the Center

A noontime concert at the Village Center on **Saturday, May 21**, marks an end of an era when Richard Weilenmann conducts his last Landon Symphonette Chamber Ensemble performance at the Friendship Heights Village Center.

Born in New York City, this talented pianist, instrumentalist and conductor has received numerous awards and scholarships from Adirondack Music Center, the Westport Point Chamber Music Center and Chautauqua. He is an alumnus of the U.S. Navy Band where he sang with the “Sea Chanters” and served as accompanist for the orchestra and soloists.

He founded the Washington Cantata Group, the Arlington Opera Theatre. His church choruses sang with the National Symphony Orchestra and at the nationally broadcast “Easter Sunrise Service” at Walter Reed Hospital. In 1968 Mr. Weilenmann became conductor, and later Artistic Director, of the Washington Civic Opera Association. For years he prepared and conducted its critically acclaimed performances, often in conjunction with the National Symphony Orchestra, making full translations, with his wife Ellie, of operas such as *The Pearl Fishers* and *The Merry Widow*. He organized vocal and instrumental competitions and conducted the “Beethoven Pops” concerts.

From 1968 until his retirement in 1998 he was Music Director of Landon School where he developed an extensive music program with several award-winning student groups, which performed frequently at the National Gallery, the State Department, the White House, the J.F. Kennedy Center for the Performing Arts, with Wynton Marsalis, and for the Canadian Brass. In 1990, Mr. Weilenmann established the “Landon Symphonette,” a mentor orchestra composed of outstanding area student and professional musicians. Mr. Weilenmann continued to lead the “Landon Symphonette” until his

*Continued on page 14*

Friendship Heights  
Village Center



Calendar  
of Events

# 2011

MAY						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 9 a.m.: Yoga 9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers	2 9:15 a.m.: Fit 4-Ever 10 a.m.: Great Books 1 p.m.: Strength Training with Tonya 1 p.m.: Bridge Club 2:30 p.m.: Acrylic or Oil Painting 7 p.m.: Café Muse 7 p.m.: Yoga	3 8:15 a.m.: Walking Club 9:30 a.m.: Tai Ji 12:30 – 4:30 p.m.: Blood Pressure Screening 1 p.m.: Balance and Fall Prevention 3 – 4 p.m.: Tea 2:30 – 4:30 p.m.: Suburban Nurse Specialist 5 p.m.: Bridge 7 p.m.: Pilates	4 9:15 a.m.: Fit 4-Ever 10:15 a.m.: Yiddish 11 a.m.: Chair Exercise with Tonya 1 p.m.: Portraiture in Pencil and Pastel 2 p.m.: Choral Ensemble <b>7:30 p.m.: Concert: Bravura Chamber Ensemble</b>	5 8:15 a.m.: Walking Club 9:30 a.m.: Tai Ji 11 a.m.: Still Life Painting 11 a.m. – 4 p.m.: Village Playtime 1 p.m.: Balance and Fall Prevention 6:15 p.m.: Scrabble 6:45 p.m.: Acrylic or Oil Painting <b>7 p.m.: Movie: Mao’s Last Dance</b>	6 9:15 a.m.: Drop-in Tai Chi <b>10 a.m. – 3 p.m.: AARP Driver Safety Program</b> 10:30 a.m.: Coffee and Current Events 10:30 a.m.: Strength Training with Cheryl 1 p.m.: Water Color Painting	7 8:15 a.m.: Walking Club 9 a.m. – 1 p.m.: Twin Springs
8 9 a.m.: Yoga 9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers	9 <b>7 a.m. to 8 p.m.: COUNCIL ELECTION</b> 10 a.m.: Great Books 1 p.m.: Bridge Club 2:30 p.m.: Acrylic or Oil Painting 7 p.m.: Yoga	10 8:15 a.m.: Walking Club 9:30 a.m.: Tai Ji <b>9 a.m.: Depart for Ladew</b> 12:30 – 4:30 p.m.: Blood Pressure Screening 1 p.m.: Balance and Fall Prevention 3 – 4 p.m.: Tea 2:30 – 4:30 p.m.: Suburban Nurse Specialist 7 p.m.: Pilates 7:30 p.m.: Great Courses: <i>The Scarlet Letter</i>	11 9:15 a.m.: Fit 4-Ever 10:15 a.m.: Yiddish 11 a.m.: Chair Exercise with Tonya 1 p.m.: Portraiture in Pencil and Pastel 1 p.m.: Health Insurance Counseling 2 p.m.: Choral Ensemble <b>7:30 p.m.: Concert: Kinor Dancers</b>	12 8:15 a.m.: Walking Club 9:30 a.m.: Tai Ji 11 a.m.: Still Life Painting 11 a.m. – 4 p.m.: Village Playtime 1 p.m.: Balance and Fall Prevention 6:15 p.m.: Scrabble 6:45 p.m.: Acrylic or Oil Painting <b>7:30 p.m.: Book Signing with Sarah Pekkanen</b>	13 9:15 a.m.: Drop-in Tai Chi 10:30 a.m.: Coffee and Current Events 10:30 a.m.: Strength Training with Cheryl 1 p.m.: Water Color Painting <b>2 p.m.: Meet the Lieutenant Governor</b>	14 8:15 a.m.: Walking Club 9 a.m. – 1 p.m.: Twin Springs
15 9 a.m.: Yoga 9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers <b>11:30 a.m. – 1:30 p.m.: Art Reception</b>	16 9:15 a.m.: Fit 4-Ever 10 a.m.: Great Books 10:30 a.m.: Resistance Training For Seniors 1 p.m.: Strength Training with Tonya 1 p.m.: Bridge Club 2:30 p.m.: Acrylic or Oil Painting 7 p.m.: Yoga <b>7:30 p.m.: Book Signing with Diana Henriques: The Wizard of Lies</b>	17 8:15 a.m.: Walking Club 9:30 a.m.: Tai Ji 11 a.m.: Village Book Club 12:30 p.m.: Vision Support 12:30 – 4:30 p.m.: Blood Pressure Screening 1 p.m.: Balance and Fall Prevention 3 – 4 p.m.: Tea 2:30 – 4:30 p.m.: Suburban Nurse Specialist 7 p.m.: Pilates	18 9:15 a.m.: Fit 4-Ever 10:15 a.m.: Yiddish 1 p.m.: Portraiture in Pencil and Pastel <b>2 p.m.: John Philip Sousa: The Man and his Music</b> <b>7:30 p.m.: Tales in the Village- Willa Bringham</b>	19 8:15 a.m.: Walking Club 9:30 a.m.: Tai Ji 11 a.m.: Still Life Painting 11 a.m. – 4 p.m.: Village Playtime 1 p.m.: Balance and Fall Prevention 6:15 p.m.: Scrabble 6:45 p.m.: Acrylic or Oil Painting <b>7:30 p.m.: Meeting with Brian Frosh</b>	20 9:15 a.m.: Drop-in Tai Chi 10:30 a.m.: Coffee and Current Events 10:30 a.m.: Strength Training with Cheryl 1 p.m.: Water Color Painting	21 8:15 a.m.: Walking Club 9 a.m. – 1 p.m.: Twin Springs <b>12 p.m.: Landon Symphonette</b>
22 9 a.m.: Yoga 9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers	23 9:15 a.m.: Fit 4-Ever <b>10 a.m. – 2 p.m.: MVA Bus</b> 10 a.m.: Great Books 10:30 a.m.: Resistance Training For Seniors 1 p.m.: Strength Training with Tonya 1 p.m.: Bridge Club 2:30 p.m.: Acrylic or Oil Painting 7 p.m.: Yoga <b>7:30 p.m.: FRIENDSHIP HEIGHTS COUNCIL SWEARING-IN</b> <b>8 p.m.: FRIENDSHIP HEIGHTS COUNCIL MEETING</b>	24 8:15 a.m.: Walking Club 9:30 a.m.: Tai Ji <b>10:30 a.m.: Depart for Baltimore</b> 12:30 – 4:30 p.m.: Blood Pressure Screening 1 p.m.: Balance and Fall Prevention 3 – 4 p.m.: Tea 2:30 – 4:30 p.m.: Suburban Nurse Specialist 7 p.m.: Pilates 7:30 p.m.: Great Courses: Hawthorne’s “A”	25 9:15 a.m.: Fit 4-Ever 10:15 a.m.: Yiddish 11 a.m.: Chair Exercise with Tonya 1 p.m.: Portraiture in Pencil and Pastel 1 p.m.: Health Insurance Counseling 2 p.m.: Choral Ensemble <b>7:30 p.m.: Concert:L’Arabesque Baroque</b>	26 8:15 a.m.: Walking Club 9:30 a.m.: Tai Ji 11 a.m.: Still Life Painting 11 a.m. – 4 p.m.: Village Playtime 1 p.m.: Balance and Fall Prevention 6:15 p.m.: Scrabble 6:45 p.m.: Acrylic or Oil Painting <b>7 p.m.: Movie:Black Swan</b>	27 9:15 a.m.: Drop-in Tai Chi 10:30 a.m.: Coffee and Current Events 1 p.m.: Water Color Painting	28 8:15 a.m.: Walking Club 9 a.m. – 1 p.m.: Twin Springs
29 9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers	30 <b>Memorial Day Center open 9 a.m. to 2 p.m.</b>  Shuttle bus on weekend schedule 10 a.m.: Great Books	31 8:15 a.m.: Walking Club 9:30 a.m.: Tai Ji 12:30 – 4:30 p.m.: Blood Pressure Screening 1 p.m.: Balance and Fall Prevention 3 – 4 p.m.: Tea 2:30 – 4:30 p.m.: Suburban Nurse Specialist	To market, to market			

Twin Springs Fruit Farm will set up its market on **Saturday, May 7, from 9 a.m. to 1 p.m.**, and will be a welcome fixture every Saturday on the portico of the Friendship Heights Village Center until mid-November.

During May, the farmers expect to have their own greenhouse tomatoes, arugula, cucumbers, basil, peppers and garlic. They will also feature fresh asparagus, spinach, radishes, spring onions, lettuce and other locally grown veggies, North Carolina strawberries, baked goods, jams, apples, cheese and eggs.

Shuttle bus hours



Monday through Friday  
Saturday and Sunday

6:40 a.m. to 9:40 p.m.  
8 a.m. to 7 p.m.

Village Center Hours

Monday through Thursday  
Friday  
Saturday and Sunday

9 a.m. to 9 p.m.  
9 a.m. to 5 p.m.  
9 a.m. to 2 p.m.

The Friendship Heights Village Center is open to everyone. People who live or work in the Village are especially welcome.

Last call for *Follies* and Ladew Gardens

A few tickets remain for these two terrific trips in May and June.

On **Tuesday, May 10**, we’ll travel just north of Baltimore to the beautiful Ladew Topiary Gardens. We’ll enjoy a luncheon, tour the Manor House and stroll through the delightful gardens. What a wonderful way to spend a spring day! We’ll depart from the Center at 9 a.m. and should return by 4:30 p.m. The cost is \$59. The deadline to sign up is May 3.

On **Wednesday, June 1**, we’ll see Stephen Sondheim’s Tony Award-winning *Follies*, which stars Bernadette Peters and is directed by Eric Schaeffer. The story is set at a reunion of former chorus girls and focuses on two couples and their memories of singing and dancing in the lively vaudevillian days between the two World Wars.

We will leave the Center at 6:30 p.m. and return by 11 p.m. The cost of the trip, which includes an Orchestra ticket (discounted 10%), transportation, and all gratuities is \$115.



# CLASSES and CLUBS

PLEASE SIGN UP AT LEAST 48 HOURS BEFORE THE START OF A SESSION – A CLASS MAY BE CANCELED IF IT DOES NOT HAVE A MINIMUM NUMBER OF PARTICIPANTS REGISTERED. PARTICIPANTS MUST PAY FOR THE FULL SERIES - NO REFUNDS AFTER CLASS BEGINS.

All participants in fitness classes as well as Drop-in Tai Chi are required to sign a liability waiver when they register.

## ART

### ACRYLIC OR OIL PAINTING (DAY)

A 10-week course for all skill levels, taught by Doris Haskell, begins June 13. Meets Mondays from 2:30 to 4:30 p.m. Cost is \$50 for residents; \$70 for nonresidents. Session ends August 29 (no class on June 27 or July 4). Maximum number of students is 14.

### ACRYLIC OR OIL PAINTING (EVENING)

A 10-week course for all skill levels, taught by Doris Haskell, begins June 2. Meets Thursdays from 6:45 to 8:45 p.m. Cost is \$50 for residents; \$70 for nonresidents. Class ends August 4 (no class on June 30). Maximum number is 14.

### BASIC WATER COLOR PAINTING

A 6-week course for all skill levels, taught by Millie Shott, begins May 6. Meets Fridays from 1 to 3 p.m. Covers mixing colors, washes, brush textures, landscape and florals. Students supply brushes, paper and painting board. Supply list available at sign-up. The cost is \$70. Maximum number is 10. Last class is June 10.

### PORTRAITURE IN PENCIL AND PASTEL

This 6-week class, taught by Marianne Winter, begins June 1. Meets Wednesdays from 1 to 3 p.m. Students will concentrate on achieving likeness using photos or reproductions of artwork. Please bring a pad and pencil or pastel to the first class. Some previous experience in

drawing is necessary. The cost is \$70 for residents; \$75 for nonresidents. Maximum number is 8. Last class is July 13 (class will not meet June 29).

### STILL LIFE PAINTING

A 6-week course taught by Joan Samworth begins June 2. Class emphasizes the elements of art: line, color, texture, shape and value and is designed to meet the needs of all levels of experience. Advance at your own pace with individual critiques and instruction. Suggested media are pastels, watercolor, acrylics, color pencil. Supply list will be handed out first day of class. Meets Thursdays from 11 a.m. to 2:30 p.m. (you may bring lunch – brown bag only). The cost is \$90. Last class is July 14 (class will not meet June 30).

## EXERCISE AND FITNESS

### CHAIR EXERCISE WITH TONYA

This 8-week class begins May 25. Meets Wednesdays, from 11 to 11:50 a.m. The class, taught by Tonya Walton, is especially for people who want to tone upper and lower body muscles, as well as improve strength and energy, through chair exercises. The cost is \$82 for residents; \$89 for nonresidents. Session ends July 20 (class will not meet June 29).

### SKYVALLEY TAI JI (THURSDAY)

This 6-week class begins June 9. Meets Thursdays from 9:30 to 10:30 a.m. The cost is \$40 for residents; \$45 for nonresidents. Questions? Email instructor Thomas Johnson at taijita7@gmail.com. Session ends July 21 (class will not meet June 30).

### SKYVALLEY TAI JI (TUESDAY)

This 6-week class begins June 14. Meets Tuesdays from 9:30 to 10:30 a.m. The cost is \$40 for residents; \$45 for nonresidents. Session ends July 26 (class will not meet June 28).

### STRENGTH TRAINING WITH CHERYL

This 6-week class begins June 3. Meets Fridays, from 10:30 to 11:30 a.m. The class, taught by Cheryl Clark, will enhance range of motion and strengthen muscles and work on balance and posture. The cost is \$55 for residents; \$60 for nonresidents. Session ends July 15 (class will not meet July 1).

### STRENGTH TRAINING WITH TONYA

This 8-week class begins May 16. Meets Mondays, from 1 to 1:50 p.m. The class, taught by Tonya Walton, focuses on increasing mobility, flexibility, balance, and overall strength. The cost is \$82 for residents; \$89 for nonresidents. Session ends July 25 (class will not meet May 30, June 27, and July 4).

### YOGA (DAY)

This 11-week class in Hatha Yoga for beginning and continuing students is taught by Robin Dinerman and begins May 1. Meets Sundays from 9 to 10:20 a.m. The session includes semi-strenuous postures, stretches, and coordinated breathing, as well as a quiet period for relaxation and meditation. Wear loose clothing, bring a blanket or large towel and mat (can be purchased at class). Don't eat for 2 hours before class. The cost is \$132

for residents; \$138 for nonresidents. Class will not meet May 29 or July 3. Session ends July 24. For a 30-minute class at home, watch "Cherryblossom Yoga with Robin Dinerman," on Cable Channel 16, Wednesdays at 8:30 p.m. and Thursdays at 7 p.m.

### **YOGA (EVENING)**

This 11-week class in Hatha Yoga for beginning and continuing students is taught by Robin Dinerman and begins May 2. Meets Mondays from 7 to 8:20 p.m. See description above. The cost is \$132 for residents; \$138 for nonresidents. Class will not meet May 30 or July 4. Session ends July 25.

## **ONGOING GROUPS, CLUBS AND OTHER ACTIVITIES**

### **BLOOD PRESSURE SCREENING/ SUBURBAN NURSE**

A Suburban Hospital nurse offers free blood pressure screenings Tuesdays from 12:30 to 4:30 p.m. The nurse is also available for consultations Tuesdays from 2:30 to 4:30 p.m.

### **COFFEE AND CURRENT EVENTS**

This long-running discussion group meets informally every Friday from 10:30 a.m. to noon. Led by group members.

### **CONCERTS**

Free live music is presented most Wednesday evenings. Check the calendar and concert page for each week's performance information. No registration is required. All are welcome.

### **FHUN**

The Friendship Heights Urban Network (FHUN) is a group dedicated to bringing together young professionals, young parents, and college students. The group organizes events such as monthly Happy Hours, barbecues, and special evenings at local restaurants. For more information, check FHUN's website at [www.fhun.net](http://www.fhun.net).

### **GREAT BOOKS DISCUSSION GROUP**

Book lovers participate in lively presentations and discussions of works, usually taken from the Great Books series. Leadership is rotated among group members. Meets Mondays from 10 a.m. to noon. Contact Jean McNelis at 301-656-6695.

### **GREAT COURSES**

Taped lectures followed by discussion. Meets alternate Tuesday evenings at 7:30 p.m. The DVD series is produced by The Teaching Company, renown for selecting gifted teachers, lecturers and historians to address their topics. Check the calendar for dates and subject matter.

### **HEALTH INSURANCE COUNSELING**

Free assistance offered by the Maryland Cooperative Extension's Senior Health Insurance Assistance Program. Usually meets on the second and fourth Wednesdays of each month from 1 to 3 p.m. Please call 301-590-2819 for an appointment.

### **SCRABBLE**

This group of Scrabble players meets at the Center Thursdays at 6:15 p.m. All are welcome.

### **TEA**

Village residents and their guests are invited to tea every Tuesday from 3 to 4 p.m. Hot beverages, cookies and fruit are served by Village volunteers.

### **VILLAGE BOOK CLUB**

The book club meets one Tuesday morning a month to discuss books chosen by the group. Members take turns suggesting books and leading the meetings. Dates and book titles

The Village Book Club will meet this month on **Tuesday, May 17, at 11 a.m.** The book selection is *The Reserve* by Russell Banks.

### **Bridge club reminder**

Bridge players interested in a weekly game should call Village resident Nancy White, who will try to match people according to playing level. The group will meet Mondays from 1 to 4 p.m. at the Village Center, beginning **May 2**. Call Nancy at 301-652-4119 and leave your name and phone number. Participants are encouraged to bring partners. Cards will be supplied.

are announced in the newsletter. All are welcome.

### **VILLAGE PLAY TIME**

Children of all ages are welcome to be together at the Village Center most Thursdays from 11 a.m. to 4 p.m. Games, toys and play equipment will be set out in the auditorium for their enjoyment. Children must be accompanied by a caregiver, friend, or family member over age 13.

### **VISION SUPPORT LUNCH AND LEARN**

A partnership of the Prevention of Blindness Society of Metropolitan Washington and the Village of Friendship Heights. Meets the third Tuesday of the month at 12:30 p.m. for a brown bag lunch and discussion with an invited speaker. Contact Janet Morrison at 301-538-9358 for more information.

### **WALKING CLUB**

Leaves the Center every Tuesday, Thursday and Saturday at 8:15 a.m. for a walk through a nearby neighborhood. Contact Helen Davis at 301-718-6340 for more information.

### **YIDDISH**

Meets Wednesdays at 10:15 a.m. to speak and read in Yiddish. Contact Maurice Singer at 202-362-0883 for more information.

# CONCERTS

Performances will be held each Wednesday from 7:30 to 8:30 p.m. in Huntley Hall of the Village Center. The third Wednesday of each month features *Tales in the Village* storytelling.

## Wednesday, May 4— Bravura Chamber Ensemble

—The Bravura Chamber Ensemble, composed of Pianist Jeongseon Choi, Clarinetist Albert Hunt, and Violist Bonnie Cohen, will present works by Mozart, Lutoslawski, and von Weber.

**Wednesday, May 11— Kinor Dancers—** The Kinor Dance Company, under the direction of Barbara Supovitz, returns with a performance of modern dance with an Israeli folk accent. The company will perform Jubilee, Women of the Bible, and Sands of the Sinai. In addition to Ms. Supovitz, dancers also include Kerry Aradhya, Colleen Barnes, Pamela Broberg, Miriam Cramer, Rachel Elazar, Kristie Genovese, Hayley North, and Carol Orth.

**Wednesday, May 18 — Tales in the Village with Willa Brigham** — Emmy Award Winner, Willa Brigham, is the host of the television show, *Smart Start Kids*. She is also an Inspirational Speaker, Storyteller, Author and Performing Artist. She currently resides in North Carolina.

**Wednesday, May 25— L'Arabesque Baroque—** L'Arabesque Baroque presents a celebration of European chamber music of the late 17th and 18th centuries. The group features Douglas Wolters, William Simms, Robert Spates and Coriolana Simon.

## Landon Chamber performs

The Landon Symphonette Chamber Ensemble presents its final performance at the Village Center under the direction of conductor Richard Weilenmann on **Saturday, May 21, from noon to 1:30 p.m.** Performers include Douglas Quinzi, Susan Brandt, Michelle Lau, and Virginia Lum in a program featuring Wagner, Mozart and Bach.

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# TO YOUR HEALTH

## Vision Support Group: Don't lose your sight to glaucoma

Glaucoma is referred to as the "sneaky thief of sight" and is the second leading cause of adult irreversible vision loss in the United States. Bring a bag lunch to the Village Center on **Tuesday, May 17, at 12:30 p.m.,** and discuss this important topic with Dr. Howard Weiss, ophthalmologist and glaucoma specialist.

Vision loss occurs when the intraocular pressure is too high for the optic nerve to tolerate. About 2.2 million Americans have glaucoma and an additional two million people may have the disease and not know it. Millions more have above normal pressure that could lead to glaucoma.

Peanut butter, jelly, and bread will be supplied if you don't have time to fix a lunch, and dessert and beverage are always provided.

The Vision Support Group is a partnership of the Prevention of Blindness Society of Metropolitan Washington and the Village of Friendship Heights. Please call 301-656-2797 to register. Remember, you don't have to have poor sight to participate.

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## Driver Safety Program

The AARP Driver Safety Program helps drivers refine skills and develop techniques. Upon successfully completing the course, graduates may be eligible to receive a discount on their auto insurance premiums.

The one-day course will be offered **Friday, May 6, from 10 a.m. to 3 p.m.,** at the Village Center. The cost is \$12 for AARP members (please bring your membership card when you register) and \$14 for nonmembers. Checks should be made out to AARP. A minimum of 12 students is required or the class will be cancelled. Students must bring to class with them their driver's license and a ballpoint pen. Barbara Newland will be the instructor. Please register at the Village Center. Maximum number of students is 25.

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SATURDAY 9:00AM TO 1PM

retirement from it this year after its 20th season. We applaud Mr. Weilenman for his many accomplishments and years of dedication to the Landon Symphonette Chamber Concert Series at Friendship Heights.

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*Keep on moving into life!*

## Cafe Muse presents...

This month's Café Muse, on **Monday, May 2, at 7 p.m.**, presents Thomas Mallon and Jason Schneiderman.

Thomas Mallon's fiction includes *Henry and Clara*, *Fellow Travelers* and the forthcoming *Watergate: A Novel*. His work appears in *The New Yorker*, *The Atlantic Monthly*, *The New York Times Book Review* and other publications.

Jason Schneiderman is the author of *Striking Surface*, winner of the 2009 Richard Snyder Prize from Ashland Poetry Press, and *Sublimation Point*. His work has appeared in numerous publications, including *American Poetry Review*, *Best American Poetry*, and *The Penguin Book of the Sonnet*, and he was the recipient of the Emily Dickinson Award from the Poetry Society of America in 2004.

Café Muse opens at 7 p.m. with classical guitar by Michael Davis; readings begin at 7:20. Attending poets are invited to participate in an open reading that concludes the program. A sign-up sheet will be available at 7 p.m.

Café Muse is presented by The Village of Friendship Heights and The Word Works, a nonprofit literary organization that has sponsored public programs for over 30 years. For more information visit [www.wordworksdc.com](http://www.wordworksdc.com).

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roasted in parchment paper with cheese and served on top of couscous), Shrimp Scorpio (feta cheese, shrimp, and herbs baked with orzo pasta in an individual casserole), fish filet (Coated in cornmeal and sautéed), or vegetable pie; dessert- Baklava, Greek yogurt and fruit, carrot cake, or chocolate mousse. Coffee and tea are included; soft drinks and alcohol are "on your own."

After lunch, we will take a water taxi across the harbor to Fort McHenry. There's no better way to see the city than during the leisurely, 20-minute boat ride.

Fort McHenry is a star shaped fort best known for its role in the War of 1812 when it successfully defended Baltimore Harbor from an attack by the British navy in the Chesapeake Bay. It was during this bombardment of the fort that Francis Scott Key was inspired to write "The Star-Spangled Banner," the poem that would become the national anthem of the United States.

We will see the brand new Visitor and Education Center with interactive displays, a model of the fort and a short video, before hearing a park ranger talk about the Battle of Baltimore. We will also take a self-guided tour and view Key's original manuscript, which is on display for just a few months.

Our bus will meet us at the fort and bring us home between 5 and 6 p.m.

*The walk from the water taxi to the fort is the equivalent of three city blocks. The walk from the restaurant to the taxi is the same and includes crossing a cobblestone street. (You may choose to ride the bus to Fort McHenry instead of taking the water taxi).*

We will leave the Village Center at 10:30 a.m. and return around 5:30 p.m. The cost of the trip, which includes a 3-course lunch, entrance fee to Fort McHenry, water taxi and bus transportation, and all gratuities, is \$87. Residents and one guest may sign up immediately; nonresidents may sign up May 6. There are 24 spaces available.

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### Happy Mother's Day!!

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# Village Council Corner

## Community Celebrates Village Center's 25th Anniversary

A large crowd joined Council members and staff to celebrate Community Day on April 13. We marked the 25th anniversary of the opening of the Village Center. Attendees enjoyed food and live music and received commemorative anniversary cups to take home.



On April 11 the Council approved a proposal from Lindsey & Associates to perform the Village audit.



Residents enjoyed delicious barbecue from Famous Dave's (above and at left) for the fourth consecutive year.



Mayor Melanie Rose White presented certificates to two Village Centenarians, Walter Zachariasiewicz (at left) and Benjamin Haskel. Mr. Haskel's certificate was accepted by his wife Doris, a longtime art instructor at the Village Center.

Photos by  
Joel Williams



Friendship Heights  
**VILLAGE NEWS**

Friendship Heights Village Center  
4433 South Park Avenue  
Chevy Chase, Maryland 20815

### Check out our website:

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**May 2011 events calendar**